Percentage of after-school programs that schedule 30 minutes of moderate-to-vigorous physical activity: 61%

Percentage of after-school programs that suggest it is possible to offer 30 minutes of moderate-to-vigorous physical activity: 79%

How can we increase the quality and time spent in physical activity in after-school programs?

- Develop physical activity policies (only 40% of after-school programs have physical activity policies)

- Provide staff physical activity leadership training (only 16% of after-school programs offer staff training)